



121 - Isolation to Inclusion

Leeds

127 people taking part in I2I activities many on the canal e.g. Leeds Canal Crew





800 woolly hats knitted for the homeless

Increased awareness – c.75% agreed they would visit the canal again



Nottingham

101 total participants in 121 activities

60% people taking part reported feeling less lonely

I thoroughly enjoyed the chance to paddleboard and meet up with a great group of people

Worked with 26 local partners and community organisations

Activities have included:
Arts & Crafts
Paddleboarding
Narrowboat trips
Woodwork
Window box
project

"I feel much better. I used to sit alone upstairs but coming here I am much happier." Anonymous, the Window Box Project